# Citric acid cough challenge validation

| Submission date   | Recruitment status No longer recruiting | <ul><li>Prospectively registered</li></ul> |  |
|-------------------|---|--|--|
| 05/06/2009        |   | ☐ Protocol                                 |  |
| Registration date | Overall study status                    | Statistical analysis plan                  |  |
| 18/09/2009        | Completed                               | [X] Results                                |  |
| Last Edited       | Condition category                      | [] Individual participant data             |  |
| 25/09/2012        | Signs and Symptoms                      |  |  |

### **Plain English Summary**

Not provided at time of registration

## Contact information

## Type(s)

Scientific

#### Contact name

Prof Alyn Morice

#### Contact details

Respiratory Medicine
Division Cardiovascular and Respiratory Studies
Castle Hill Hospital
Castle Road
Cottingham
United Kingdom
HU16 5JQ
a.h.morice@hull.ac.uk

# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

AcadMed CTU04/05

# Study information

#### Scientific Title

Validation of the citric acid cough challenge using the KoKo DigiDoser system in healthy volunteers: a 4-week randomised single centre crossover study

#### Study hypothesis

The citric acid cough challenge was first reported in humans over 50 years ago. The test was established to allow for the quantification of cough and also as a tool for the assessment of antitussive properties of certain therapies. Since this time many different protocols have been published to measure cough reflex sensitivity these can vary in terms of the nebuliser used, tussive agent, single breath, single dose, dose response and number of coughs required to attain a threshold. In our opinion a definitive method for measuring cough sensitivity needs to be established to allow for standardisation of results from different groups to be compared. The standardisation of this test will lead to a higher quality of research, better drug development and ultimately better patient care.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Hull and East Riding Local Research Ethics Committee approved on the 26th April 2006 (ref: 06 /Q1104/46)

#### Study design

Randomised single centre crossover study

#### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

#### Study type(s)

Diagnostic

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

#### Condition

Artificially induced cough

#### **Interventions**

Volunteers were randomised for the order methods to induce artificial cough, i.e., whether the Mefar dosimeter was used first or the KoKo DigiDoser.

The following assessments were then performed:

- 1. Impulse oscillometry
- 2. Spirometry
- 3. Citric acid cough challenge

#### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome measure

Reproducibility of cough reflex sensitivity to citric acid (measured via inhalation of incremental, doubling concentrations of citric acid until the concentration inducing two or more coughs or five or more coughs is reached)using the modified Devilbiss 646 nebuliser powered by the KoKo DigiDoser. Measured within 1 day comparing baseline challenge and challenges at 1, 2 and 4 hours post-baseline to measure within-day reproducibility.

#### Secondary outcome measures

To compare the reproducibility of cough reflex sensitivity using the modified Devilbiss 646 nebuliser powered by the KoKo DigiDoser with that of the more commonly used MB2 nebuliser powered by the MB3 mefar dosimeter. Assessed at baseline and then two weeks later to assess between-day reproducibility.

#### Overall study start date

04/07/2006

#### Overall study end date

19/10/2006

# **Eligibility**

#### Participant inclusion criteria

- 1. Healthy male/female volunteers
- 2. Male and female subjects of at least 18 years of age
- 3. Non-smokers or, ex-smokers of at least 12 months
- 4. Forced expiratory volume in one second (FEV1) greater than 80% of predicted

#### Participant type(s)

Patient

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

#### Target number of participants

30

#### Participant exclusion criteria

- 1. Female subjects who are pregnant, or lactating, or who are of child bearing potential but are not using contraceptive measures
- 2. Suffering from any active seasonal allergies
- 3. Suffering from concomitant disease which may interfere with study procedures or evaluation.
- 4. Subjects suffering from gastroesophageal reflux taking proton pump inhibitors or any other regular antacid therapy
- 5. Subjects suffering from post nasal drip syndrome
- 6. A recent respiratory tract infection within 6 weeks prior to entry on to study
- 7. Use of medications known to alter the cough reflex
- 8. Smoking history of greater than 10 pack years

#### Recruitment start date

04/07/2006

#### Recruitment end date

19/10/2006

## Locations

#### Countries of recruitment

England

United Kingdom

# Study participating centre Respiratory Medicine

Cottingham United Kingdom HU16 5JQ

# Sponsor information

#### Organisation

Hull and East Yorkshire Hospitals NHS Trust (UK)

#### Sponsor details

Research and Development Office Medical Research and Teaching Centre Daisy Building Castle Hill Hospital Castle Road Cottingham England United Kingdom HU16 5JQ +44 (0)1482 461883 James.Illingworth@hey.nhs.uk

#### Sponsor type

Hospital/treatment centre

#### Website

http://www.hey.nhs.uk

#### **ROR**

https://ror.org/01b11x021

# Funder(s)

#### Funder type

Government

#### **Funder Name**

Hull and East Yorkshire Hospitals NHS Trust (UK) - Research and Development Grant

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

| Output type     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|-----------------|---------|--------------|------------|----------------|-----------------|
| Results article | results | 10/08/2010   |            | Yes            | No              |