

# Comparison of an automated weaning programme and a standard clinical weaning protocol for weaning critically ill patients

<b>Submission date</b> 30/09/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 30/09/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 14/06/2016	<b>Condition category</b> Respiratory	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English Summary

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Richard Beale

### Contact details

Adult ICU  
East Wing  
St Thomas' Hospital  
Lambeth Palace Road  
London  
United Kingdom  
SE1 7EH  
+44 (0)20 7188 3038  
Richard.Beale@gstt.nhs.uk

## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

N0013154743

# Study information

## Scientific Title

Comparison of an automated weaning programme and a standard clinical weaning protocol for weaning critically ill patients: a randomised controlled trial

## Study hypothesis

Will the use of an automated weaning system shorten the duration of mechanical ventilation, and will this be associated with reduced ventilator-associated complications e.g. pneumonia, tracheostomy?

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

St Thomas' Hospital Research Ethics Committee

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

## Condition

Process of weaning from mechanical ventilation

## Interventions

This is a randomised controlled trial comparing the ICU's standard ventilator weaning protocol and the SmartCare automated weaning system. Patients who are assessed as likely to need mechanical ventilation for a period of 48 hours or more will be randomised to be weaned from mechanical ventilation using either the standard protocol or the automated weaning system. Weaning will be initiated when, in the opinion of the clinical team, the patient is sufficiently improved as to be able to tolerate a spontaneous mode of ventilation and has met defined gas exchange and ventilatory support criteria. Once in the weaning phase, weaning will proceed

according to the manual or SmartCare algorithms but will be suspended if the patient's clinical condition deteriorates, and re-instituted once the patient has improved sufficiently for weaning to recommence.

### **Intervention Type**

Other

### **Phase**

Not Applicable

### **Primary outcome measure**

Time from the initiation of weaning to successful separation of the patient from the ventilator, defined as no longer needing mechanical ventilation for a minimum period of 48 hours.

### **Secondary outcome measures**

Added as of 10/12/2007:

1. Mortality (28-day, ICU and hospital, six-months)
2. Infectious complications (e.g. pneumonia, wound infection, abscesses)
3. APACHE II
4. Organ failure-free days
5. LOS in ICU
6. LOS in hospital (intervention until discharge)
7. Duration of antibiotic treatment (antibiotics days)
8. Duration of ventilation (ventilator days)
9. Duration of renal support

### **Overall study start date**

01/12/2004

### **Overall study end date**

30/06/2010

## **Eligibility**

### **Participant inclusion criteria**

Added as of 10/12/2007:

Major entry criteria (suspected or proven infection, presence of a systemic response to the infection within the 48-hour period immediately preceding enrolment into the study, have or have had one or more sepsis-induced organ failures within the 48-hour period immediately preceding enrolment into the study).

1. Age  $\geq 18$  years
2. Acute Physiology and Chronic Health Evaluation II (APACHE II) score  $\geq 10$
3. Precipitating injury (surgery, trauma, hypovolemia, episode of infection or sepsis) occurred within the last 48 hours before Intensive Care Unit (ICU) entry
4. Expected Length Of Stay (LOS) in the ICU  $> 3$  days
5. Indication for enteral nutrition for 5-10 days
6. Start of nutritional therapy with Intestamin or control supplement within 24 hours after inclusion criteria are fulfilled

### **Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

500

**Participant exclusion criteria**

1. Under 18 years of age
2. Requirement for high doses of vasopressor
3. Body temperature greater than 39°C or less than 36°C
4. GCS = 12 without or with minimal sedation
5. 'Do Not Resuscitate' order or expected short term prognosis
6. Patients chronically ventilated at home with tracheostomy
7. Patients with primary neurological cause of ventilator dependence
8. Pregnancy
9. Prolonged cardiac arrest with poor neurological prognoses
10. Inability to obtain consent from patient or legal representative

**Recruitment start date**

01/12/2004

**Recruitment end date**

30/06/2010

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

Adult ICU

London

United Kingdom

SE1 7EH

## **Sponsor information**

**Organisation**

Guy's and St. Thomas' NHS Foundation Trust (UK)

**Sponsor details**

St Thomas' Hospital  
Westminster Bridge Road  
London  
England  
United Kingdom  
SE1 7EH  
+44 (0)207 188 7188  
crf@gstt.nhs.uk

**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.guysandstthomas.nhs.uk/>

**ROR**

<https://ror.org/00j161312>

**Funder(s)****Funder type**

Government

**Funder Name**

Guy's and St. Thomas' NHS Foundation Trust (UK)

**Results and Publications****Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration