# Self-esteem in Afro-Caribbean women with facial hirsutism before and after laser depilation - a randomised controlled trial

Submission date	<b>Recruitment status</b> No longer recruiting	<ul><li>Prospectively registered</li></ul>		
12/09/2003		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
12/09/2003	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
21/07/2009	Skin and Connective Tissue Diseases			

## **Plain English Summary**

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Malcolm HA Rustin

#### Contact details

Department of Dermatology Royal Free Hampstead NHS Trust Pond Street Hampstead London United Kingdom NW3 2QG

# Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N0256119282

# Study information

#### Scientific Title

#### **Study hypothesis**

Does laser depilation affect the self-esteem and emotional well-being of Afro-Caribbean women with unwanted facial hair due to polycystic ovary syndrome? Does laser depilation affect the psychosocial behaviour of these patients?

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

## Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

# Study type(s)

Quality of life

#### Participant information sheet

#### Condition

Skin and Connective Tissue Diseases: Hirsutism

#### **Interventions**

Randomised controlled and partially blinded study.

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

Improvement in quality of life, mood and self esteem is expected after a reduction in facial hair by laser treatment.

# Secondary outcome measures

Not provided at time of registration

# Overall study start date

20/12/2002

## Overall study end date

30/10/2003

# **Eligibility**

#### Participant inclusion criteria

40 Patients and 40 controls.

#### Participant type(s)

**Patient** 

#### Age group

Adult

#### Sex

Female

## Target number of participants

80

#### Participant exclusion criteria

Does not meet inclusion criteria

#### Recruitment start date

20/12/2002

#### Recruitment end date

30/10/2003

# Locations

# Countries of recruitment

England

**United Kingdom** 

# Study participating centre Department of Dermatology

London United Kingdom NW3 2QG

# Sponsor information

## Organisation

Department of Health (UK)

#### Sponsor details

Richmond House 79 Whitehall London United Kingdom SW1A 2NL

#### Sponsor type

Government

#### Website

http://www.doh.gov.uk

# Funder(s)

#### Funder type

Hospital/treatment centre

#### **Funder Name**

The Royal Free Hampstead NHS Trust (UK)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/05/2005		Yes	No