







# Helicobacter pylori Screening Study

<b>Submission date</b> 09/03/2011	<b>Recruitment status</b> No longer recruiting	 Retrospectively registered
		 Protocol not yet added
<b>Registration date</b> 09/05/2011	<b>Overall study status</b> Ongoing	 SAP not yet added
		 Results not yet expected
<b>Last Edited</b> 18/01/2024	<b>Condition category</b> Cancer	 Raw data not yet expected
		 Record updated in last year

## Plain English Summary

### Background and study aims

Helicobacter pylori is a bacterial infection that increases the risk of stomach cancer. The aim of this study is to find out whether screening for and eradicating H. pylori infection in healthy middle aged people can reduce the subsequent incidence of stomach cancer.

### Who can participate?

Men aged 35-69 and women aged 45-69 attending a Bupa Wellness Centre for a health screen.

### What does the study involve?

Participants are randomly allocated to one of two groups. Participants in one group are tested for H. pylori and, if found to be infected, are offered a one-week course of drug treatment to eradicate the infection (oral metronidazole, clarithromycin and lansoprazole). Participants in the other group do not receive any screening or treatment. All participants are followed up for 15 years or more to assess the incidence of deaths from stomach cancer.

### What are the possible benefits and risks of participating?

Not provided at time of registration

### Where is the study run from?

Queen Mary, University of London (UK)

### When is the study starting and how long is it expected to run for?

April 1997 to January 2025

### Who is funding the study?

1. Cancer Research UK (CRUK) (UK)
2. Bupa Foundation (UK)

### Who is the main contact?

1. Prof. Nicholas Wald
2. Prof. Joan Morris  
jmorris@sgul.ac.uk

## Contact information

### Type(s)

Scientific

### Contact name

Prof Nicholas Wald

### Contact details

Professor of Preventive Medicine  
UCL Institute of Health Informatics  
29/30 Newbury Street  
London  
United Kingdom  
EC1A 7HZ

### Type(s)

Scientific

### Contact name

Prof Joan Morris

### ORCID ID

<http://orcid.org/0000-0002-7164-612X>

### Contact details

St George's, University of London  
London  
United Kingdom  
SW17 0RE  
+44(0)20 8725 1324  
jmorris@sgul.ac.uk

## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Protocol/serial number

SP/1793/0501 from 1/7/97, SP/1793/0502 from 1/7/99, SP/1793/0503 from 1/7/00, SP/1793/0504 from 1/3/01, SP/1793/0505 from 1/7/01, C5070/A3021 from 1/7/02, C5070/A5429 from 1/7/04, C5070/A11090 1/1/09

## Study information

Scientific Title

A randomised trial of the effects of screening for and treating *Helicobacter pylori*

**Acronym**

HPSS

**Study hypothesis**

HPSS was designed to assess whether screening for and eradicating *H. pylori* infection in healthy middle aged people can reduce the subsequent incidence of stomach cancer

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

The Clinical Research Ethics Committee of the Royal College of General Practitioners, 28/11/1995, ref: CREC/1995/33(28)

**Study design**

Cluster randomized open controlled multi-centre trial

**Primary study design**

Interventional

**Secondary study design**

Cluster randomised trial

**Study setting(s)**

Hospital

**Study type(s)**

Prevention

**Participant information sheet**

Not available in web format, please use the contact details to request a patient information sheet

**Condition**

Prevention of stomach cancer

**Interventions**

Participants seen in treatment weeks, if *H. pylori* positive, were offered a one week course of eradication therapy comprising twice-daily oral metronidazole 400 mg, clarithromycin 250 mg and lansoprazole 30 mg.

No screening or treatment was offered to control participants.

Follow-up is for all participants, for 15 years or more after recruitment, with notifications of all cancers and of deaths by cause from the Information Centre for Health and Social Care and the General Register Office for Scotland.

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome measure**

Incidence of and death from stomach cancer

**Secondary outcome measures**

1. Incidence of and death from oesophageal cancer
2. Death from ischaemic heart disease
3. Death from gastric bleed or peptic ulcer

**Overall study start date**

07/04/1997

**Overall study end date**

01/01/2025

**Eligibility****Participant inclusion criteria**

1. Healthy NHS-registered UK residents
2. Male participants aged 35-69
3. Female participants aged 45-69
4. Patients attending a Bupa Wellness Centre for a health screen

**Participant type(s)**

Healthy volunteer

**Age group**

Adult

**Lower age limit**

35 Years

**Upper age limit**

69 Years

**Sex**

Both

**Target number of participants**

56,000

**Total final enrolment**

62454

**Participant exclusion criteria**

1. On medication which may interact dangerously with metronidazole, clarithromycin or lansoprazole (according to Appendix 1 of the British National Formulary)

2. A history of intolerance or allergy to metronidazole, clarithromycin or lansoprazole or other drugs of the same class as any of these three drugs
3. Currently being treated for an ulcer
4. On a proton-pump inhibitor or H2 antagonist
5. Having been tested or treated for H. pylori infection in the previous three years
6. Pregnancy or breastfeeding
7. Past history of or current gastric cancer
8. Life-threatening illness
9. Porphyria
10. Prolongation of QT interval
11. Current clinical liver disease or a history of severe liver disease

**Recruitment start date**

07/04/1997

**Recruitment end date**

31/01/2006

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Centre for Environmental and Preventive Medicine**

London

United Kingdom

EC1M 6BQ

## Sponsor information

**Organisation**

Queen Mary University of London (UK)

**Sponsor details**

Research and Development

Joint Research Office

24-26 Walden Street

Whitechapel

London

England

United Kingdom

E1 2AN

**Sponsor type**

University/education

**ROR**

<https://ror.org/026zzn846>

## **Funder(s)**

**Funder type**

Charity

**Funder Name**

Cancer Research UK (CRUK) (UK) (ref no C5070/A5429)

**Alternative Name(s)**

CRUK

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Other non-profit organizations

**Location**

United Kingdom

**Funder Name**

Bupa Foundation (UK) (Award letter 08/12/1997)

**Alternative Name(s)****Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Trusts, charities, foundations (both public and private)

**Location**

United Kingdom

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

01/04/2026

**Individual participant data (IPD) sharing plan**

The data-sharing plans for the current study are unknown and will be made available at a later date

**IPD sharing plan summary**

Data sharing statement to be made available at a later date