







# The early use of antibiotics for at risk children with influenza

<b>Submission date</b> 11/12/2013	<b>Recruitment status</b> No longer recruiting	 Prospectively registered
		 Protocol added
<b>Registration date</b> 11/12/2013	<b>Overall study status</b> Completed	 SAP not yet added
		 Results added
<b>Last Edited</b> 19/04/2022	<b>Condition category</b> Respiratory	 Raw data not yet added
		 Study completed

## Plain English Summary

### Background and study aims

Flu (influenza) and flu-like illness are among the most common reasons why parents and carers take children to see a doctor or nurse in winter. Flu is a viral infection that just causes a mild cough or cold in most children. However, when some children get flu, they develop bacterial infections, such as chest or ear infections, which can make them feel even more unwell. 'At risk' children with underlying medical conditions such as asthma and diabetes are particularly prone to becoming more unwell from bacterial infections if they get flu. The aim of this study is to find out whether giving an antibiotic called co-amoxiclav to 'at risk' children within 5 days of them becoming ill with flu or flu-like illness might:

1. Help stop them from developing bacterial infections and becoming more unwell
2. Help them get better more quickly
3. Affect how well antibiotics work against similar infections in future

### Who can participate?

'At risk' children between 6 months and 12 years of age, who see a doctor or nurse within the first five days of developing flu or flu-like illness. 'At risk' children include children with medical conditions such as asthma, diabetes, cancer, cerebral palsy, Down's syndrome, heart problems, kidney problems and liver problems. 'At risk' children also include children under 2 years of age who were born prematurely.

### What does the study involve?

A healthcare professional gains consent for each child to take part in the study from a parent or guardian. The healthcare professional then records some details about the child's flu-like illness. A nose swab and, if possible, a throat swab is taken from each child. Each child is randomly allocated to either receive an antibiotic (co-amoxiclav) or a placebo (dummy). Parents and guardians are asked to give children one dose of medication twice a day for five days and to fill in a study diary. Parents and guardians are asked if they would be willing for their child to have further optional throat swabs after 3, 6 and 12 months.

### What are the possible benefits and risks of participating?

This study will help to work out whether giving antibiotics to 'at risk' children early on when they

have flu or flu-like illness is worthwhile. It may also help the government plan how to use antibiotics during future flu epidemics or pandemics (which is when lots of people get flu all at once). The study medication may help children get better more quickly and/or prevent them from becoming more unwell from a bacterial infection. However, this is not known for sure until the end of the study.

Where is the study run from?  
University of Oxford (UK)

When is the study starting and how long is it expected to run for?  
Recruitment will take place over three winters (2015/6, 2016/7 and 2017/8). Each winter will be defined as October to March/April inclusive

Who is funding the study?  
National Institute for Health Research (UK)

Who is the main contact?  
Dr Kay Wang  
kay.wang@phc.ox.ac.uk

**Study website**  
<http://www.archiestudy.com>

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Sharon Tonner

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## Additional identifiers

**EudraCT/CTIS number**  
2013-002822-21

**IRAS number**

**ClinicalTrials.gov number**

**Protocol/serial number**

15212

## Study information

**Scientific Title**

The early use of Antibiotics for at Risk CHildren with Influenza in primary care (ARCHIE): a double-blind randomised placebo-controlled trial

**Acronym**

ARCHIE

**Study hypothesis**

In 'at risk' children with influenza, early use of antibiotics reduces the likelihood of subsequent re-consultation due to clinical deterioration during the same illness episode.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

NRES Committee North West - Liverpool East, ref:13/NW/0621, First MREC approval date 10/10/2013, ref: 13/NW/0621

**Study design**

Double-blind randomised placebo-controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

GP practice

**Study type(s)**

Treatment

**Participant information sheet**

Patient information can be found at: <http://www.phctrials.ox.ac.uk/studies/archie>

**Condition**

Influenza and influenza-like illness

**Interventions**

Co-amoxiclav 400/57 or matching placebo for 5 days.

Follow Up Length: 12 month(s).

Study Entry: Single Randomisation only.

**Intervention Type**

Drug

**Phase**

Not Applicable

**Drug/device/biological/vaccine name(s)**

Co-amoxiclav

**Primary outcome measure**

Proportion of children re-consulting due to clinical deterioration within 28 days of study entry

**Secondary outcome measures**

1. Duration of fever from time of study entry
2. Duration of symptoms from time of study entry
3. Proportion of children prescribed medication (e.g. antibiotics, steroids) and/or requiring further investigations (e.g. chest X-ray) within 28 days of study entry
4. Proportion of children in whom adverse events are reported within 28 days of study entry
5. Proportion of children who are hospitalised or die within 28 days of study entry

Other outcome measures:

6. Health-related quality of life measured using the EQ-5D-Y and EQ-5D-Y proxy on days 1, 4, 7, 14 and 28
7. Healthcare resource utilisation and parental/informal care costs within 28 days of study entry
8. Minimum inhibitory concentrations (MICs) of alpha-haemolytic streptococci (including *Streptococcus pneumoniae*), *Haemophilus influenzae* and *Staphylococcus aureus* in relation to a representative range of antibiotics 3 months, 6 months and 12 months after study entry
9. Proportion of ampicillin-resistant alpha-haemolytic streptococci (including *Streptococcus pneumoniae*), *Haemophilus influenzae* and *Staphylococcus aureus* 12 months after study entry
10. Prevalence of alpha-haemolytic streptococci (including *Streptococcus pneumoniae*), *Haemophilus influenzae* and *Staphylococcus aureus* at 12 months after study entry

**Overall study start date**

02/12/2013

**Overall study end date**

01/05/2019

## **Eligibility**

**Participant inclusion criteria**

Current inclusion criteria as of 09/08/2017:

1. Male and female, aged 6 months to 12 years inclusive
2. In 'at risk' category, including:
  - 2.1. Aged under 2 years and born prematurely
  - 2.2. Respiratory/renal conditions
  - 2.3. Cardiac conditions/cancer/cerebral palsy
  - 2.4. Hepatic/haematological conditions
  - 2.5. Immunodeficiency
  - 2.6. Endocrine/metabolic conditions
3. Presenting with influenza-like illness (i.e., cough and fever) during influenza season
4. Presenting within 5 days of symptom onset

5. Permanently registered at a general practice in UK
6. Parent/guardian able to complete study diary and questionnaires

Previous inclusion criteria:

1. Male and female, aged 6 months to 12 years inclusive
2. In 'at risk' category, including:
  - 2.1. Aged under 2 years and born prematurely
  - 2.2. Respiratory/renal conditions
  - 2.3. Cardiac conditions/cancer/cerebral palsy
  - 2.4. Hepatic/haematological conditions
  - 2.5. Immunodeficiency
  - 2.6. Endocrine/metabolic conditions
3. Presenting with influenza-like illness (i.e., cough and fever) during influenza season
4. Presenting within 5 days of symptom onset
5. Permanently registered at a general practice in England
6. Parent/guardian able to complete study diary and questionnaires

**Participant type(s)**

Patient

**Age group**

Child

**Lower age limit**

6 Months

**Upper age limit**

12 Years

**Sex**

Both

**Target number of participants**

Planned Sample Size: 650; UK Sample Size: 650; Description: randomised 1:1

**Total final enrolment**

271

**Participant exclusion criteria**

Current exclusion criteria as of 09/08/2017:

1. Known contraindication to co-amoxiclav
2. Child given antibiotics for treatment of an acute infection within the last 72 hours
3. Child requires immediate antibiotics (clinician's judgement)
4. Child requires immediate hospital admission for treatment of an influenza-related complication (clinician's judgement)
5. Child has been observed on hospital ward or ambulatory care unit for longer than 24 hours
6. Presence of any reason to prevent healthcare professional from obtaining nasal swab
7. Child with known cystic fibrosis
8. Child previously entered into the ARCHIE study
9. Child has been involved in another medicinal trial within the last 90 days

Previous exclusion criteria:

1. Known contraindication to co-amoxiclav
2. Child given antibiotics within the last 72 hours
3. Child requires immediate antibiotics or hospital admission (clinicians judgement)
4. Presence of any reason to prevent healthcare professional from obtaining high nasal swab
5. Child with known cystic fibrosis
6. Child previously entered into the ARCHIE study
7. Child has been involved in another medicinal trial within the last 90 days

**Recruitment start date**

01/10/2014

**Recruitment end date**

20/04/2018

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Nuffield Department of Primary Care Health Sciences**

Oxford

United Kingdom

OX2 6GG

**Study participating centre**

**80 active sites (most of them GP practices) - please see study website ([www.archiestudy.com](http://www.archiestudy.com))  
for complete list of recruiting centres**

United Kingdom

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## Sponsor information

**Organisation**

University of Oxford (UK)

**Sponsor details**

Joint Research Office

Block 60

Churchill Hospital

Oxford  
England  
United Kingdom  
OX3 7LE

**Sponsor type**

University/education

**ROR**

<https://ror.org/052gg0110>

## **Funder(s)**

**Funder type**

Government

**Funder Name**

National Institute for Health Research

**Alternative Name(s)**

National Institute for Health Research, NIHR Research, NIHRresearch, NIHR - National Institute for Health Research, NIHR (The National Institute for Health and Care Research), NIHR

**Funding Body Type**

Government organisation

**Funding Body Subtype**

National government

**Location**

United Kingdom

## **Results and Publications**

**Publication and dissemination plan**

1. The protocol will be published in 2017/18
2. The results will be published in a peer-reviewed journal and disseminated to the public and patient groups via the study website (<http://www.archiestudy.com>) in 2019/20

**Intention to publish date**

30/09/2020

**Individual participant data (IPD) sharing plan**

The trial protocol, statistical analysis plan and de-identified participant-level data collected for the trial are available on request. Research data requests should be submitted to the

corresponding author Kay Wang (kay.wang@phc.ox.ac.uk) for consideration by the research team.

## IPD sharing plan summary

Available on request

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol article</a>	protocol	16/05/2018		Yes	No
<a href="#">Results article</a>		18/03/2021	22/03/2021	Yes	No
<a href="#">Other publications</a>	Economic analysis	15/04/2022	19/04/2022	Yes	No
<a href="#">HRA research summary</a>			28/06/2023	No	No