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Evaluating the Expert Patients Programme - process of implementation and outcomes

Submission date	Recruitment status	[_] Prospectively registered
28/09/2004	No longer recruiting	[_] Protocol
Registration date	**Overall study status**	[_] Statistical analysis plan
12/01/2005	Completed	[X] Results
Last Edited	**Condition category**	[_] Individual participant data
24/08/2015	Other	

Plain English Summary
Not provided at time of registration

Study website
http://www.npcrdc.man.ac.uk/ResearchDetail.cfm?ID=117

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N/A

Study information

Scientific Title
Evaluating the Expert Patients Programme - process of implementation and outcomes

Acronym
REPORT - Research into Expert Patients Outcomes in a Randomised Trial

Study hypothesis
The RCT is designed to test the clinical and cost-effectiveness of the EPP in the management of chronic conditions in England. A two-arm, patient level, randomised controlled trial: The intervention is the Expert Patient Programme, group-based chronic disease management programme, and the comparator is a 6-month waiting list control group. Patient population is adults with chronic disease, to be recruited from all 27 EPP Zones in the UK. Outcomes: include self-efficacy, health status, quality of life, and health service utilisation

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Not Specified

Participant information sheet

Condition
Chronic condition as defined by the patient

Interventions
Randomisation at patient level to either Group 1 who will participate in the Expert Patients Programme (EPP) immediately or Group 2 the waiting list controls who will participate in the EPP six months after recruitment

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
Self-efficacy, health status, quality of life, and health service utilisation

Secondary outcome measures
Not provided at time of registration

Overall study start date
01/04/2003

Overall study end date
28/02/2006

Eligibility

Participant inclusion criteria
All individuals who are referred or self-refer to the Expert Patients Programme

Participant type(s)
Patient

Age group
Not Specified

Sex
Not Specified

Target number of participants
600

Participant exclusion criteria
Not provided at time of registration

Recruitment start date
01/04/2003

Recruitment end date
28/02/2006

Locations

Countries of recruitment
England

United Kingdom

Study participating centre
National Primary Care Research & Development Centre (NPCRDC)
Manchester
United Kingdom
M13 9PL

Sponsor information

Organisation
UK Department of Health

Sponsor details
Dr Geoff Royston
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Quarry House
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Sponsor type
Not defined

Funder(s)

Funder type
Government

Funder Name
UK Department of Health

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2007		Yes	No