

A randomised controlled trial of Internet based cognitive behavioural psychotherapy for depression

Submission date
13/08/2004







Recruitment status
No longer recruiting

Registration date
08/11/2004

Overall study status
Completed

Last Edited
14/09/2009

Condition category
Mental and Behavioural Disorders

-  Prospectively registered
-  Protocol not yet added
-  SAP not yet added
-  Results added
-  Raw data not yet added
-  Study completed

Plain English Summary

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Protocol/serial number

N/A

Study information

Scientific Title

Study hypothesis

To evaluate the clinical and cost effectiveness of Internet based cognitive behavioural therapy (webCBT) for depression compared to a waiting list control in primary care. A qualitative study will be done as part of the trial to assess the acceptability of the intervention to patients and health care providers.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Other

Study type(s)

Treatment

Participant information sheet

Condition

Depression

Interventions

Intervention: Up to eight one hour sessions of cognitive behavioural therapy (CBT) delivered online by a qualified psychologist.

Control: The control group will be on a waiting list for CBT of 8 months and will receive 'usual care' from their GP. This may include pharmacological treatment but will not include psychotherapy.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

The Beck depression inventory score at 2 months adjusted for baseline.

Secondary outcome measures

EQ5D and SF-12 at 8 months

Overall study start date

01/10/2005

Overall study end date

30/09/2008

Eligibility**Participant inclusion criteria**

Patients with GP diagnosed depression in primary care. Diagnosis must be confirmed by standardised psychological measure.

Participant type(s)

Patient

Age group

Not Specified

Sex

Not Specified

Target number of participants

470

Participant exclusion criteria

Does not match inclusion criteria

Recruitment start date

01/10/2005

Recruitment end date

30/09/2008

Locations**Countries of recruitment**

England

United Kingdom

Study participating centre
Division of Primary Care
Bristol
United Kingdom
BS6 6JL

Sponsor information

Organisation

University of Bristol (UK)

Sponsor details

Gillian Tallents
Research Governance Manager
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Sponsor type

University/education

ROR

<https://ror.org/0524sp257>

Funder(s)

Funder type

Charity

Funder Name

BUPA Foundation (UK) (ref: 683/G14)

Alternative Name(s)

Funding Body Type

Private sector organisation

Funding Body Subtype

Trusts, charities, foundations (both public and private)

Location

United Kingdom

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	22/08/2009		Yes	No