# Physical Counterpressure manoeuvre trial

Submission dateRecruitment status06/12/2005No longer recruiting	<ul><li>Prospectively registered</li></ul>
	☐ Protocol
Overall study status	Statistical analysis plan
Completed	[X] Results
Condition category Signs and Symptoms	[] Individual participant data
	No longer recruiting  Overall study status  Completed

# **Plain English Summary**

Not provided at time of registration

### Study website

http://pctrial.free.fr

# Contact information

# Type(s)

Scientific

#### Contact name

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#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

MEC 03/033; NTR138

# Study information

#### Scientific Title

Randomised trial of optimal conventional therapy versus optimal conventional therapy plus counterpressure manoeuvres in patients with neurally-mediated syncope

## Acronym

PC-Trial

### Study hypothesis

In patients with syncope and absence of significant structural heart disease, physical counter pressure manoeuvres decrease the total syncope burden compared to standardized intensive conventional therapy.

## Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised multi-centre, active controlled, parallel group, single blinded trial

### Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Hospital

# Study type(s)

Treatment

# Participant information sheet

#### Condition

Vasovagal syncope

#### **Interventions**

Physical counterpressure manoeuvres compared to standardised intensive conventional therapy.

### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

Total burden of syncope recurrence (number of syncopal spells/year/patient).

### Secondary outcome measures

- 1. Time to first recurrence
- 2. Presyncope burden
- 3. Quality of life

### Overall study start date

05/01/2003

### Overall study end date

09/01/2005

# **Eligibility**

### Participant inclusion criteria

- 1. Clinical diagnosis of classical neurally-mediated reflex syncope, based on the medical history or non-classical diagnosis of neurally-mediated reflex syncope and a positive tilt-table test
- 2. Three syncope episodes in the last two years or at least one syncopal spell in the last year and at least three episodes of presyncope in the last year
- 3. Recognisable prodromal symptoms
- 4. Aged 16 70 years

#### Participant type(s)

Patient

### Age group

Adult

#### Sex

Both

# Target number of participants

200

#### Participant exclusion criteria

- 1. Suspected or certain heart disease and high likelihood of cardiac syncope:
- 1.1. Syncope preceded by palpitations or precordial pain
- 1.2. Syncope during exercise
- 1.3. Heart failure
- 1.4. Ejection fraction less than 40%
- 1.5. Old or recent myocardial infarction
- 1.6. Hypertrophic cardiomyopathy
- 1.7. Dilated cardiomyopathy
- 1.8. Significant valvular disease
- 1.9. Sinus bradycardia less than 50 bpm or sino-atrial blocks
- 1.10. Mobitz I second degree atrioventricular block
- 1.11. Mobitz II 2nd or 3rd degree atrioventricular block
- 1.12. Complete bundle branch block
- 1.13. Rapid paroxysmal supraventricular tachycardia or ventricular tachycardia

- 1.14. Pre-excited QRS complexes
- 1.15. Prolonged QT interval
- 1.16. Right bundle branch block pattern with ST-elevation in leads V1-V3 (Brugada syndrome)
- 1.1.7. Negative T waves in right precordial leads, epsilon waves and ventricular late potentials suggestive of arrhythmogenic right ventricular dysplasia)
- 2. Orthostatic hypotension
- 3. Episodes of loss of consciousness different from syncope (e.g. epilepsy, psychiatric, metabolic, drop-attack, transient ischemic attack [TIA], intoxication, cataplexy)
- 4. Steal syndrome
- 5. Psychologically or physically (due to any other illness) or cognitively unfit for participation in the study according to the opinion of the investigator
- 6. Patient compliance doubtful
- 7. Patient geographically or otherwise inaccessible for follow-up
- 8. Patient unwilling or unable to give informed consent
- 9. Pregnancy
- 10. Life expectancy less than one year

#### Recruitment start date

05/01/2003

#### Recruitment end date

09/01/2005

# Locations

#### Countries of recruitment

Netherlands

## Study participating centre Academic Medical Center

Amsterdam Netherlands 1105 AZ

# Sponsor information

### Organisation

Academic Medical Center (AMC) (The Netherlands)

#### Sponsor details

Meibergdreef 9 Amsterdam Netherlands 1105 AZ

# Sponsor type

University/education

#### Website

http://www.amc.uva.nl

#### **ROR**

https://ror.org/03t4gr691

# Funder(s)

# Funder type

Charity

#### **Funder Name**

Netherlands Heart Foundation (Nederlandse Hartstichting) (The Netherlands) (ref: 2003B156)

#### **Funder Name**

Academic Medical Center (AMC) (The Netherlands)

## Alternative Name(s)

Academic Medical Center, AMC

#### **Funding Body Type**

Private sector organisation

#### **Funding Body Subtype**

Universities (academic only)

#### Location

Netherlands

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

Study outputs

Output typeDetailsDate createdDate addedPeer reviewed?Patient-facing?Results articleResults17/10/2006YesNo