# The effect of Marinol (tetra-9-hydrocannabinol) on the frequency of transient lower oesophageal sphincter relaxations (TLESRs)

Submission date	Recruitment status	Prospectively registered
04/08/2005	No longer recruiting	[_] Protocol
Registration date	Overall study status	[] Statistical analysis plan
04/08/2005	Completed	[_] Results
Last Edited	Condition category	[] Individual participant data
10/06/2008	Digestive System	[] Record updated in last year

#### Plain English summary of protocol

Not provided at time of registration

### Contact information

Type(s) Scientific

Contact name Dr G.E.E. Boeckxstaens

#### Contact details

Meiberadreef 9 Amsterdam Netherlands 1105 AZ +31 (0)20 566 7375 g.e.boeckxstaens@amc.uva.nl

# Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers **NTR52** 

# Study information

#### Scientific Title

#### **Study objectives**

Cannabinoid receptor (CB1) agonists, like marinol, lower the rate of transient lower oesophageal sphincter relaxations (TLESRs) and can be useful in the treatment of gastro-oesophageal reflux disease (GERD).

**Ethics approval required** Old ethics approval format

**Ethics approval(s)** Ethics approval received from the local ethics committee.

**Study design** Double-blind, placebo-controlled, crossover, randomised controlled trial

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

**Study setting(s)** Not specified

**Study type(s)** Treatment

Participant information sheet

Health condition(s) or problem(s) studied Gastro-oesophageal reflux disease (GERD)

#### Interventions

Twice a four-hour oesophageal manometry and pH-metry (transnasally). Single dose of 10 mg marinol (tetra-9-hydrocannabinol [THC]) and a single dose of placebo.

Intervention Type Drug

**Phase** Not Specified

Drug/device/biological/vaccine name(s) Marinol

Primary outcome measure

Frequency of TLESRs measured by oesophageal manometry up to three hours post-prandially.

#### Secondary outcome measures

Rate of acid reflux episodes measured with pH-metry for three hours post-prandially, basal lower oesophageal sphincter pressure (LESp) measured by manometry.

Overall study start date 03/05/2004

#### **Completion date**

01/06/2005

# Eligibility

#### Key inclusion criteria

1. Male

2. Aged 18 - 55 years

3. 65 - 100 kg, body mass index (BMI) 19 - 30 kg/m^2

4. Normal physical and laboratorial findings at start of study

Participant type(s)

Patient

**Age group** Adult

**Lower age limit** 18 Years

**Upper age limit** 55 Years

**Sex** Male

**Target number of participants** 18

#### Key exclusion criteria

- 1. Clinical relevant illness two weeks prior to start of study
- 2. Systemic illness which influence oesophageal motility
- 3. Use of drugs that influence gastrointestinal motility
- 4. Drug abuse, mania, depression, schizofrenia or another mental illness
- 5. Cardiac complaints such as hypotension, hypertension, syncope, tachycardia
- 6. Cannabis allergy, sesame oil allergy or another severe allergy

Date of first enrolment

03/05/2004

Date of final enrolment

01/06/2005

### Locations

**Countries of recruitment** Netherlands

**Study participating centre Meibergdreef 9** Amsterdam Netherlands 1105 AZ

### Sponsor information

**Organisation** Academic Medical Centre (AMC) (The Netherlands)

**Sponsor details** Emma Kinderziekenhuis Postbus 22660 Amsterdam Netherlands 1105 AZ

**Sponsor type** University/education

Website http://www.amc.uva.nl/

ROR https://ror.org/03t4gr691

# Funder(s)

Funder type Industry

**Funder Name** AstraZeneca R&D Mölndal (Sweden)

# **Results and Publications**

**Publication and dissemination plan** Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary** Not provided at time of registration