







# Can Selumetinib make advanced thyroid cancer sensitive to radioactive iodine therapy again?

<b>Submission date</b> 02/12/2015	<b>Recruitment status</b> Stopped	 Prospectively registered
		 Protocol added
<b>Registration date</b> 02/12/2015	<b>Overall study status</b> Stopped	 SAP not yet added
		 Results added
<b>Last Edited</b> 03/11/2021	<b>Condition category</b> Cancer	 Raw data not expected as study has stopped
		 Study stopped

## Plain English Summary

<http://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial/a-trial-looking-at-selumetinib-for-thyroid-cancer-that-has-stopped-taking-up-radioactive-iodine-sel>

## Contact information

### Type(s)

Public

### Contact name

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## Additional identifiers

### EudraCT/CTIS number

2015-002269-47

### IRAS number

### ClinicalTrials.gov number

**Protocol/serial number**

19937

## Study information

**Scientific Title**

SEL-I-METRY: Investigating the potential clinical benefit of Selumetinib in resensitising advanced iodine refractory differentiated thyroid cancer to radioiodine therapy

**Acronym**

SEL-I-METRY

**Study hypothesis**

The aim of this study is to determine the proportion of patients for whom treatment with Selumetinib increases the amount of radioactive iodine taken up by the previously iodine-refractory thyroid cancers following a short course (4 weeks) of the drug.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

East Midlands – Leicester South Research Ethics Committee, 02/12/2015, ref: 15/EM/0455

**Study design**

Non-randomised study

**Primary study design**

Interventional

**Secondary study design**

Non randomised study

**Study setting(s)**

Hospital

**Study type(s)**

Treatment

**Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

**Condition**

Thyroid cancer

**Interventions**

Participants will receive an initial I-123 SPECT/CT scan (under rhTSH stimulation) to determine baseline iodine uptake in thyroid cancer lesions. Participants will then receive Selumetinib in a tablet form, which they are to take home and administer according to the dosing schedule (150mg/day, therefore 6 x 25mg tablets, 3 twice per day).

Participants will then undergo another I-123 SPECT/CT after this 28-day period to determine if the iodine uptake in their thyroid cancer lesions has increased. If iodine uptake has increased sufficiently, participants will be referred for further I-131 therapy. Participants will be asked to continue taking Selumetinib from the time that they have the second I-123 scan to the time they receive their I-131. Participants who do not go on to receive I-131 therapy may stop Selumetinib treatment.

The total duration of the treatment will depend on the elapsed time between the second I-123 SPECT/CT scan, the decision about I-131 therapy being made, and the I-131 therapy being received. The minimum duration of Selumetinib therapy is approximately 28 days. The maximum may be longer (up to 50 days).

Participants who do not go on to receive I-131 will have a single follow-up appointment 30 days after the final dose of Selumetinib. Participants who do go on to receive I-131 will be followed up three-monthly for one year, and then six-monthly until the end of the trial.

### **Intervention Type**

Drug

### **Phase**

Not Applicable

### **Drug/device/biological/vaccine name(s)**

Selumetinib

### **Primary outcome measure**

Progression-free survival is determined at 12 months.

### **Secondary outcome measures**

1. Safety is determined based on the occurrence of SAEs, SARs and SUSARs at 48 months
2. Toxicity is determined by the total number of adverse reactions, as graded by CTCAE V4.0, as identified in routine clinical assessments at each centre at 48 months
3. Radiological response rate for patients receiving radioiodine therapy is recorded at 48 months using ongoing CT scans (every 3 months for the first 6 months and then every 6 months thereafter)
4. Overall survival is determined from medical records at 48 months
5. Sufficient iodine uptake is assessed centrally using pre-defined criteria (an increase of 30% from baseline in participants who demonstrated baseline radioiodine uptake, or an increase of any level for participants who have no baseline radioiodine uptake) on an ongoing basis, with a report being collated at 48 months

### **Overall study start date**

01/02/2015

### **Overall study end date**

05/11/2020

### **Reason abandoned (if study stopped)**

Slow recruitment and a lower than expected number of patients achieving increased iodine uptake after Selumetinib.

# Eligibility

## Participant inclusion criteria

Current participant inclusion criteria as of 03/11/2021:

1. Diagnosed with locally advanced or metastatic differentiated thyroid cancer (papillary, follicular, Hürthle cell, or poorly differentiated carcinoma) with at least one measurable lesion as measured by computed tomography (CT) or magnetic resonance imaging (MRI)
2. Participants must have iodine refractory disease, defined below:
  - 2.1. One or more measurable lesions that do not demonstrate iodine uptake on a previous radioiodine scan (diagnostic uptake or post therapy)
- OR
- 2.2. One or more measurable lesions that have progressed by RECIST 1.1 criteria within 12 months of I131 therapy, despite demonstrable radioiodine avidity at the time of that treatment
3. Participants must have radiological progression by RECIST 1.1 criteria within the prior 12 months
4. Measurable disease by RECIST 1.1 criteria. Baseline scan must be completed within 4 weeks prior to the start of treatment.
5. ECOG Performance Status = 1 and able to tolerate radioiodine therapy
6. Life expectancy of at least 12 weeks
7. Required laboratory values within 14 days of day 1 of treatment:
  - 7.1. Adequate thyroidstimulating hormone (TSH) suppression  $< 0.5$  mU/L
  - 7.2. Creatinine clearance  $> 50$  ml/min,
  - 7.3. Absolute Neutrophil Count  $= 1.5 \times 10^9/L$  (1500 per  $mm^3$ )
  - 7.4. Platelets  $= 100 \times 10^9/L$  (100,000 per  $mm^3$ )
  - 7.5. Haemoglobin  $> 9.0$  g/dL
  - 7.6. Serum bilirubin  $= 1.5 \times$  upper limit of normal (ULN)
  - 7.7. Patients with no liver metastasis must have AST or ALT  $= 2.5 \times$  ULN
  - 7.8. Patients with liver metastasis must have AST or ALT  $= 5 \times$  ULN. If patients have AST or ALT  $> 3.5 \times$  ULN and  $= 5 \times$  ULN they must have an ALP  $= 6 \times$  ULN
8. Patient's with Gilbert's syndrome (persistent or recurrent hyperbilirubinemia that is predominantly unconjugated in the absence of evidence of haemolysis or hepatic pathology) will be eligible.
9. Able to give informed consent and willing to follow trial protocol.
10. Aged over 18
11. Female participants of childbearing potential must have a negative pregnancy test within 24 hours prior to starting therapy and agree to use dual methods of contraception for the duration of the trial and 6 months after completing treatment. Male participants must agree to use a barrier method of contraception for the duration of the trial and 4 months after completing treatment, if sexually active with a female of childbearing potential.

Previous participant inclusion criteria:

1. Diagnosed with locally advanced or metastatic differentiated thyroid cancer (papillary, follicular, Hürthle cell, or poorly differentiated carcinoma) with at least one measurable lesion as measured by computed tomography (CT) or magnetic resonance imaging (MRI)
2. Participants must have iodine refractory disease, defined below:
  - 2.1. One or more measurable lesions that do not demonstrate iodine uptake on a previous radioiodine scan (diagnostic uptake or post therapy)
- OR
- 2.2. One or more measurable lesions that have progressed by RECIST 1.1 criteria within 12 months of I131 therapy, despite demonstrable radioiodine avidity at the time of that treatment

3. Participants must have radiological progression by RECIST 1.1 criteria within the prior 12 months
4. Measurable disease by RECIST 1.1 criteria.
5. ECOG Performance Status = 1 and able to tolerate radioiodine therapy
6. Life expectancy of at least 12 weeks
7. Required laboratory values within 14 days of day 1 of treatment:
  - 7.1. Adequate thyroidstimulating hormone (TSH) suppression < 0.5 mU/L
  - 7.2. Creatinine clearance >50 ml/min,
  - 7.3. Absolute Neutrophil Count = $1.5 \times 10^9/L$  (1500 per mm<sup>3</sup>)
  - 7.4. Platelets = $100 \times 10^9/L$  (100,000 per mm<sup>3</sup>)
  - 7.5. Haemoglobin >9.0 g/dL
  - 7.6. Serum bilirubin =1.5 x upper limit of normal (ULN)
  - 7.7. Patients with no liver metastasis must have AST or ALT = 2.5 x ULN
  - 7.8. Patients with liver metastasis must have AST or ALT = 5 x ULN. If patients have AST or ALT > 3.5 x ULN and = 5 x ULN they must have an ALP= 6 x ULN
8. Patient's with Gilbert's syndrome (persistent or recurrent hyperbilirubinemia that is predominantly unconjugated in the absence of evidence of haemolysis or hepatic pathology) will be eligible.
9. Able to give informed consent and willing to follow trial protocol.
10. Aged over 18
11. Female participants of childbearing potential must have a negative pregnancy test within 24 hours prior to starting therapy and agree to use dual methods of contraception for the duration of the trial and 6 months after completing treatment. Male participants must agree to use a barrier method of contraception for the duration of the trial and 4 months after completing treatment, if sexually active with a female of childbearing potential.

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

Planned Sample Size: 60; UK Sample Size: 60

**Total final enrolment**

30

**Participant exclusion criteria**

Current participant exclusion criteria as of 03/11/2021:

1. Foci of anaplastic thyroid cancer identified on histology
2. Able to receive curative surgery or radiation therapy
3. Major surgery with the exception of surgical placement for vascular access, open biopsy, or significant traumatic injury = 30 days prior to registration

4. Previous or concurrent cancer distinct in primary site or histology from thyroid cancer within previous 5 years, except for cervical cancer in situ, treated basal cell carcinoma, squamous cell carcinoma of the skin or superficial bladder tumour
5. Have received or are receiving an IMP or other systemic anticancer treatment within 4 weeks prior to the first dose of study treatment (6 weeks for nitrosoureas, mitomycin, and suramin), or within a period during which the IMP or anticancer treatment has not been cleared from the body (e.g. a period of 5 'halflives'), whichever is the most appropriate and as judged by the investigator
6. Any unresolved toxicity =CTCAE Grade 2 from previous anticancer therapy, except for alopecia
7. Prior exposure to Tyrosine Kinase, MEK, RAS or RAF inhibitors
8. Known or suspected allergy to Selumetinib or hypersensitivity to Selumetinib or any excipient agents or history of allergic reactions attributed to compounds of similar chemical or biologic composition to Selumetinib
9. Known or suspected brain metastases or spinal cord compression, unless the condition has been asymptomatic, has been treated with surgery and / or radiation, and has been stable without requiring corticosteroids nor anticonvulsant medications for at least 4 weeks prior to the first dose of study medication
10. Requiring medication with high iodine content (e.g. amiodarone)
11. Participants who have had a iodine contrast enhanced CT scan in previous 2 months
12. Ophthalmological conditions as follows:
  - 12.1 Intra-ocular pressure >21 mmHg, or uncontrolled glaucoma (irrespective of intra-ocular pressure)
  - 12.2 Current or past history of retinal pigment epithelial detachment (REPD)/central serous retinopathy or retinal vein occlusion
13. Any of the following cardiac conditions:
  - 13.1 Uncontrolled hypertension (BP >150/95 mmHg despite medical therapy)
  - 13.2 Acute coronary syndrome within 6 months prior to starting treatment
  - 13.3 Uncontrolled angina (Canadian Cardiovascular Society grade II-IV despite medical therapy)
  - 13.4 Symptomatic heart failure (NYHA grade II-IV), prior or current cardiomyopathy, or severe vascular disease
  - 13.5 Prior or current cardiomyopathy including but not limited to the following:
    - 13.5.1 known hypertrophic cardiomyopathy
    - 13.5.2 known arrhythmogenic right ventricular cardiomyopathy
  - 13.6 Severe valvular heart disease
  - 13.7 Left ventricular ejection fraction <55% measured by echocardiography
  - 13.8 Atrial fibrillation with a ventricular rate >100 bpm on ECG at rest
  - 13.9 QTcF >450ms or other factors that increase the risk of QT prolongation
14. Participants known to be infected with human immunodeficiency virus (HIV) or hepatitis B

Previous participant exclusion criteria:

1. Foci of anaplastic thyroid cancer identified on histology
2. Able to receive curative surgery or radiation therapy
3. Major surgery with the exception of surgical placement for vascular access, open biopsy, or significant traumatic injury = 30 days prior to registration
4. Previous or concurrent cancer distinct in primary site or histology from thyroid cancer within previous 5 years, except for cervical cancer in situ, treated basal cell carcinoma, squamous cell carcinoma of the skin or superficial bladder tumour
5. Have received or are receiving an IMP or other systemic anticancer treatment within 4 weeks prior to the first dose of study treatment (6 weeks for nitrosoureas, mitomycin, and suramin), or within a period during which the IMP or anticancer treatment has not been cleared from the body (e.g. a period of 5 'halflives'), whichever is the most appropriate and as judged by the investigator

6. Any unresolved toxicity =CTCAE Grade 2 from previous anticancer therapy, except for alopecia
7. Prior exposure to Tyrosine Kinase, MEK, RAS or RAF inhibitors
8. Known or suspected allergy to Selumetinib or hypersensitivity to Selumetinib or any excipient agents or history of allergic reactions attributed to compounds of similar chemical or biological composition to Selumetinib
9. Known or suspected brain metastases or spinal cord compression, unless the condition has been asymptomatic, has been treated with surgery and / or radiation, and has been stable without requiring corticosteroids nor anticonvulsant medications for at least 4 weeks prior to the first dose of study medication
10. Requiring medication with high iodine content (e.g. amiodarone)
11. Participants who have had a iodine contrast enhanced CT scan in previous 2 months

**Recruitment start date**

01/09/2016

**Recruitment end date**

31/08/2019

## **Locations**

**Countries of recruitment**

England

Scotland

United Kingdom

**Study participating centre**

**Bristol Haematology and Oncology Centre**

Horfield Road

Bristol

United Kingdom

BS2 8ED

**Study participating centre**

**The Christie**

Wilmslow Road

Manchester

United Kingdom

M20 4BX

**Study participating centre**

**Churchill Hospital**

Old Road

Oxford

United Kingdom  
OX3 7LE

**Study participating centre**

**The Royal Marsden**  
203 Fulham Road  
Chelsea  
London  
United Kingdom  
SW3 6JJ

**Study participating centre**

**University Hospital Southampton**  
Tremona Road  
Southampton  
United Kingdom  
SO16 6YD

**Study participating centre**

**Royal Surrey County Hospital**  
Egerton Road  
Guildford  
United Kingdom  
GU2 7XX

**Study participating centre**

**The Beatson West of Scotland Cancer Centre**  
1053 Great Western Road  
Glasgow  
United Kingdom  
G12 0YN

**Study participating centre**

**Nottingham City Hospital**  
Nottingham  
United Kingdom  
NG5 1PB

**Sponsor information**



**Organisation**

Sheffield Teaching Hospitals NHS Trust

**Sponsor details**

Royal Hallamshire Hospital  
Glossop Road  
Sheffield  
England  
United Kingdom  
S10 2JF

**Sponsor type**

Hospital/treatment centre

**ROR**

<https://ror.org/018hjpz25>

**Funder(s)****Funder type**

Charity

**Funder Name**

Cancer Research UK

**Alternative Name(s)**

CRUK

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Other non-profit organizations

**Location**

United Kingdom

**Funder Name**

AstraZeneca

**Alternative Name(s)**

AstraZeneca PLC, Pearl Therapeutics

## Funding Body Type

Government organisation

## Funding Body Subtype

For-profit companies (industry)

## Location

United Kingdom

## Funder Name

Senofi-Genzyme

# Results and Publications

## Publication and dissemination plan

Intended publication of a study protocol and the study results upon completion of data analysis after the end of the trial.

## Intention to publish date

05/11/2021

## Individual participant data (IPD) sharing plan

Any requests for trial data will be reviewed by the trial management group in the first instance. Only requests that have a methodologically sound proposal and whose proposed use of the data has been approved by the independent trial steering committee will be considered. Proposals should be directed to the corresponding author in the first instance; to gain access, data requestors will need to sign a data access agreement.

## IPD sharing plan summary

Available on request

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol article</a>	protocol	14/06/2019	08/12/2020	Yes	No
<a href="#">Basic results</a>	version 1.0	03/11/2021	03/11/2021	No	No
<a href="#">HRA research summary</a>			28/06/2023	No	No