# Medical treatment of retained placenta: does it reduce the number of necessary surgical interventions? A randomised controlled trial in low resource setting

Submission date	<b>Recruitment status</b> No longer recruiting	<ul><li>Prospectively registered</li></ul>		
02/04/2008		[X] Protocol		
Registration date	Overall study status	Statistical analysis plan		
21/04/2008	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
10/03/2014	Pregnancy and Childbirth			

#### **Plain English Summary**

Not provided at time of registration

## Contact information

## Type(s)

Scientific

#### Contact name

Dr Heleen van Beekhuizen

#### Contact details

P.O. Box 228 Lindi Tanzania

# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

#### Scientific Title

Treatment of a retained placenta with misoprostol, a double-blind randomised controlled trial in Tanzania

#### Study hypothesis

Misoprostol will reduce the amount of manual removals of the placenta.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics approval received from the National Institute for Medical Research Tanzania on the 27th November 2007 (ref: NIMR/HQ/R.8a/Vol IX/645).

#### Study design

Double-blind randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

#### Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet (available in Kiswahili and English)

#### Condition

Retained placenta

#### **Interventions**

Study medication will be randomised in blocks and the allocation of sealed envelopes will be in sequence of enrolment. Randomisation of misoprostol to placebo will be 2:1. 30 minutes after delivery of the baby the women will receive study medication sublingually: either misoprostol 800 microgram or placebo.

Duration of follow up: until discharge next day if no complications occur. At discharge patient will be counselled that they have to come back in case of complications (blood loss and/or fever).

#### Intervention Type

Drug

#### Phase

**Not Specified** 

#### Drug/device/biological/vaccine name(s)

Misoprostol

#### Primary outcome measure

Reduction in the amount of manual removal of placenta (under anaesthesia) 60 minutes after delivery of the baby.

#### Secondary outcome measures

- 1. Blood loss
- 2. Need for blood transfusion

Hb will be checked the morning after the manual removal or the sponteneous expulsion of the placenta. After this it will be decided if a blood transfusion is necessary.

#### Overall study start date

04/04/2008

#### Overall study end date

04/04/2010

# **Eligibility**

#### Participant inclusion criteria

Women with a retained placenta 30 minutes after delivery of the newborn (and a pregnancy duration of at least 28 weeks [birth weight 1 kg]). All women will receive active management of third stage of labour before inclusion.

#### Participant type(s)

**Patient** 

#### Age group

Adult

#### Sex

**Female** 

#### Target number of participants

117 (39 patients will receive placebo and 78 will receive misoprostol)

#### Participant exclusion criteria

- 1. Blood loss greater than 750 ml 30 minutes after delivery
- 2. Pulse rate greater than 120 beats/minute
- 3. Blood pressure (BP) dropped greater than 20 mmHg diastolic compared with BP before delivery
- 4. Anaemia (haemoglobin [Hb] less than 100 g/dl). Measurement of third trimester of pregnancy or around delivery

# Recruitment start date 04/04/2008

# Recruitment end date

04/04/2010

## Locations

#### Countries of recruitment

Tanzania

# Study participating centre P.O. Box 228

Lindi

Tanzania

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# Sponsor information

#### Organisation

Tanzanian German Programme to Support Health (TGPSH) (Tanzania)

## Sponsor details

P.O. Box 65350 Dar es Salaam Tanzania

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## Sponsor type

Research organisation

#### Website

http://www.tgpsh.or.tz

# Funder(s)

# Funder type

Research organisation

#### **Funder Name**

Tanzanian German Programme to Support Health (TGPSH) (Tanzania) - allows personnel to conduct this study during working hours and will provide transportation, administration and logistics

#### Funder Name

Radboud University Medical Center (Netherlands) - study medication provided free of charge

#### Funder Name

The researcher will perform the job unpaid, as will the staff in the joining health facilities.

# **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<u>Protocol article</u>	protocol	23/10/2009		Yes	No
Results article	results	01/09/2013		Yes	No