



Appendix B2: Participant Information Sheet

Participant Information Sheet

You are being invited to take part in a project. Before you decide whether or not to take part, it is important for you to understand why the project is being done and what it will involve. Please take the time to read the following information carefully.

What is the purpose of the project?

The University of Manchester are carrying out a study to gain an in-depth understanding of care needs for senior citizens. This project is taking place in Greece, the Netherlands, Croatia and Spain at the same time.

What would I have to do?

If you are eligible and decide to take part, you will be asked to give your consent to a home visit by two of the project's researchers. The researchers will ask you to complete a questionnaire which lasts for 30-45 minutes, they will do a 'home assessment' (30-45 minutes) which simply means noting down aspects of your home that could present a danger or could be altered to make your life easier and they will take two non-invasive measurements which are a test of your hand grip and a measurement of your mid-arm circumference. A care plan will then be devised by the appropriate authorities working with your GP and implemented over 12 months. If you live in South Manchester, every three months over the next 12 months a University of Manchester researcher will phone you to check if the care plan is helping you, this phone call will last between 5-10 minutes. **If you live in Tameside and Glossop you will not receive three-monthly phone calls.**

After 12 months, the researchers will revisit you and repeat the questionnaire, home assessment and measurements. If you have any questions as to what is involved please ask. You can ask questions at any time throughout the study.

Why have I been invited to take part?

This study is dependent on getting feedback from members of the public aged 75+ in South Manchester and Tameside and Glossop about the current health and social services in your area. Your help by taking part would be greatly appreciated as we hope the project will ultimately lead to improvement in these services.

Do I have to take part?

NO - It is up to you to decide whether or not to take part, taking part is voluntary. If you do decide to take part you will be given this information sheet to keep and be asked to sign a consent form. If you decide to take part you are still free to withdraw at any time and without giving a reason, however any information collected from the home visits will be kept by University of Manchester staff. You are welcome to have a carer, friend or family member present when the home visit takes place.



Are you eligible to take part?

For this project you need to be 75+ years old, living in your own house and not suffering from dementia. If you are a person with special needs or require a translator, then unfortunately you cannot take part in the project. In addition we will need to check if you intend to remain within your housing area for the next 24 months, if you plan to move sooner than 24 months then unfortunately you will not be eligible for the project.

Will my care plan be affected when the project is finished?

The outcome of your home visit will include the University of Manchester researchers passing the results of the home visit to your GP and address any concerns; this will be your care plan. Your care plan will be administered by your GP and will not be altered or stopped once the project is over.

Confidentiality

All the information that is collected will be anonymous and kept strictly confidential. Your personal data will be held in accordance with the Data Protection Act 1998.

Study data and material may be looked at by individuals from the University of Manchester, from regulatory authorities or from the NHS trust, for monitoring and auditing purposes, and this may well include access to personal information.

Who are funding and sponsoring the study?

This project is funded by the European Commission and sponsored by the University of Manchester.

What happens to the information that is collected?

The information will be used to develop new and improved care pathways for you by consulting with your health and social care support that will address frailty, management of medication and falls prevention through the health and social care system in your area.

Anonymised data collected during the project will be shared with other research sites in Europe carrying out the project.

It is important to reiterate that taking part is completely voluntary but we would really appreciate your help.

If you would like to participate please return the Consent to Contact Form (using the prepaid envelope provided) and a researcher will be in contact with you to explain the project further. If you still wish to take part you will then be asked to complete a second Consent Form at the time of the home visit.

Thank you for taking the time to read this information sheet. If you would like further information on this project please contact Gary Clough on gary.clough@manchester.ac.uk or on 0161 306 0691.



UHCE

Urban Health Centers Europe 2.0

Dr Arpana Verma

Director of Manchester Urban Collaboration on Health (MUCH)

University of Manchester

If you have a concern about any aspect of this study, you should ask to speak to the researchers who will do their best to answer your questions. If they are unable to resolve your concern or you wish to make a complaint regarding the study, please contact a University Research Practice and Governance Co-ordinator on 0161 2757583 or 0161 2758093 or by email to research.complaints@manchester.ac.uk