

DOSE CONFIRMATION OF FOSFOMYCIN AND FLOMOXEF FOR EMPIRIC TREATMENT OF NEONATAL SEPSIS



Adrie Bekker on behalf of the NeoSEP Part1 Study Team
Department of Pediatrics and Child Health, Stellenbosch University, Cape Town, South Africa

BACKGROUND

- Rising antimicrobial resistance contributes to high morbidity and mortality associated with neonatal sepsis.¹
- Off-patent fosfomycin and flomoxef antibiotics offer good coverage against ESBL-producing organisms, however recommended neonatal doses are based on limited data.
- NeoSep1 trial is an open-label RCT comparing novel combination and currently used antibiotic regimens for the empiric treatment of neonatal sepsis ([ISRCTN48721236](#)).

Aim: A run-in pharmacokinetic (PK) and safety study of fosfomycin and flomoxef was performed to confirm proposed doses before starting the main NeoSep1-trial

METHODS

Neonates with suspected sepsis were sequentially enrolled into 3 treatment cohorts:

- fosfomycin and amikacin,
- flomoxef and amikacin, and
- flomoxef and fosfomycin

Fosfomycin Dose: Preterm infants: 100 mg/kg Q12 if postnatal age (PNA) ≤7 days (day of birth=day 1) or <1.5 kg, and 150 mg/kg Q12 if PNA ≥8 days and ≥1.5 kg. **Term infants:** 150 mg/kg Q12.

Flomoxef Dose: Preterm and Term infants: 40 mg/kg Q8 if PNA ≤7 days, and 50 mg/kg Q8 if PNA ≥8 days.

Day of birth = day 1 for PNA calculations
After the 1st dose, 3 blood samples were drawn for PK assessment. An additional pre-dose sample was drawn 5 days later if on antibiotics.

METHODS (cont.)

Plasma drug concentrations were quantified using validated LC-MS/MS methods. Fosfomycin concentrations were compared to the NeoFosfo study², and flomoxef to published studies from Japan.³⁻⁷ Neonates were followed for 28 days for safety evaluations.

RESULTS

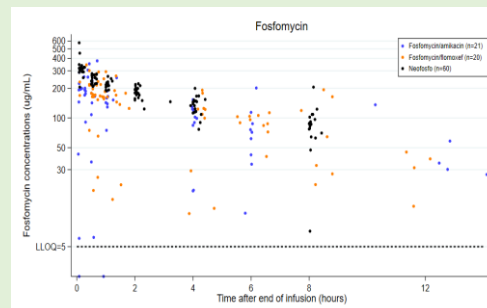
Sixty-five neonates (52 from South Africa; 13 from Kenya) were enrolled March-November 2023; 62 received trial antibiotics. At baseline, 48/62 (77%) were preterm, and 48 (77%) were ≤7 days PNA.

Table 1. Baseline characteristics of neonates administered fosfomycin and flomoxef

	Cohort 1 fosfomycin/amikacin N=21	Cohort 2 flomoxef/amikacin N=21	Cohort 3 fosfomycin/flomoxef N=20	Total N=62
Sex: Female	8 (38%)	12 (57%)	14 (70%)	34 (55%)
GA at birth (wks)	31 [27, 38]	34 [26, 40]	32 [30, 42]	32 [26,42]
Birth weight (g)	1285 [875, 3105]	1670 [870, 3310]	1682 [1180,2970]	1478 [870, 3310]

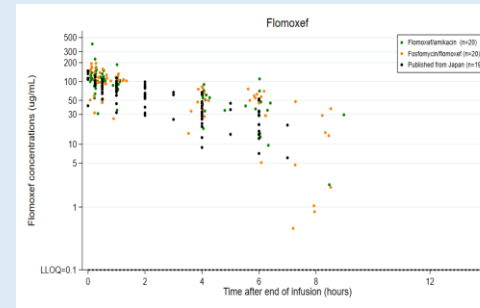
GA=gestational age; wks=weeks; g=grams; Numbers are N (%) or median [min, max]

Figure 1. Fosfomycin concentrations (µg/mL) in NeoSep1-trial overlaid with the NeoFosfo study²



Day	Time Point	N	Median (Q1; Q3)
Day 1	5-15 min	41	195 (164; 223)
	30-60 min	41	164 (137; 189)
	4-6 hours	40	98 (67; 117)
Day 5	Pre-dose	16	37 (29; 92)

Figure 2. Flomoxef concentrations (µg/mL) in NeoSep1-trial overlaid with Japanese studies³⁻⁷



Day	Time Point	N	Median (Q1; Q3)
Day 1	5-15 min	40	117 (97; 150)
	30-60 min	40	103 (88; 118)
	4-6 hours	40	50 (35; 64)
Day 5	Pre-dose	14	12 (2; 30)

RESULTS (cont.)

- 48 (77%) neonates had adverse events

Table 2. Adverse Events of neonates in the NeoSep1-trial

	Cohort 1 Fosfomycin/ amikacin N=21	Cohort 2 Flomoxef/ amikacin N=21	Cohort 3 Fosfomycin/ flomoxef N=20
None	5 (24%)	7 (33%)	2 (10%)
Grade 1	2 (10%)	3 (14%)	1 (5%)
Grade 2	7 (33%)	6 (29%)	9 (45%)
Grade 3	3 (14%)	0 (0%)	5 (25%)
Grade 4	1 (5%)	2 (10%)	2 (10%)
Grade 5	3 (14%)	3 (14%)	1 (5%)

- 18 (29%) neonates had 22 SAEs, all unrelated to study drug.
- Prolonged jaundice occurred in 1 neonate, possibly related to fosfomycin and flomoxef, and spontaneously resolved.
- Seven neonates (11.6%; 95%CI: 5.7–22.8) died by day 28.

Discussion

- In this run-in PK phase, neonates (mostly preterm infants) had fosfomycin and flomoxef plasma concentrations similar to published literature.
- Although variability was observed shortly after birth, drug exposures support these doses for the larger randomised NeoSEP1 trial.

Corresponding author: adrie@sun.ac.za